

NAME: _____ PHONE: _____ DOB: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP: _____

EMAIL: _____ REFERRED BY: _____

EMERGENCY CONTACT: _____ PHONE: _____

OCCUPATION: _____ MALE ___ FEMALE ___ PHYSICIAN: _____

PLEASE TAKE A MOMENT TO CAREFULLY READ THE FOLLOWING INFORMATION, AND SIGN WHERE INDICATED. IF YOU HAVE A SPECIFIC MEDICAL CONDITION AND/OR SYMPTOMS, MASSAGE/BODYWORK MAY BE CONTRAINDICATED. A REFERRAL FROM YOUR PRIMARY HEALTHCARE PROVIDER MAY BE REQUIRED PRIOR TO SERVICES BEING PROVIDED.

HAVE YOU EVER EXPERIENCED A PROFESSIONAL MASSAGE / BODYWORK SESSION? YES ___ NO ___

WHAT ARE YOUR MASSAGE / BODYWORK GOALS? _____

WHAT KIND OF PRESSURE DO YOU PREFER? ___ LIGHT ___ MEDIUM ___ HARD

PLEASE LOOK OVER THE FOLLOWING LIST OF HEALTH DISORDERS AND CIRCLE ANY AND ALL THAT APPLY. IF YOU SELECT ANY, PLEASE EXPLAIN AS CLEARLY AS POSSIBLE.

- | | | |
|-------------------------------|----------------------------|----------------|
| BONE OR JOINT DISEASE | ALLERGIES | TENDONITIS |
| RASHES | BURSITIS | ATHLETES FOOT |
| BROKEN / FRACTURED BONES | WARTS | ARTHRITIS |
| CONSTIPATION | NECK / SHOULDER / ARM PAIN | DIVERTICULITIS |
| LOW BACK / HIP / LEG PAIN | IRRITABLE BOWEL SYNDROME | FATIGUE |
| HEADACHES / HEAD INJURIES | HERPES / SHINGLES | SLEEP DISORDER |
| SPASMS / CRAMPS | TMJ / JAW PAIN | ANXIETY |
| VARICOSE VEINS | DEPRESSION | ENDOMETRIOSIS |
| DIABETES / TYPE | CANCER / TUMORS | PMS/PMDD |
| HIGH/LOW BLOOD PRESSURE | INFECTIOUS DISEASES | LYMPHEDEMA |
| DRUG / ALCOHOL DISORDER | EATING DISORDER | BRUISE EASILY |
| BREATHING DIFFICULTIES | SINUS PROBLEMS | BLOOD CLOTS |
| NICOTINE / CAFFEINE ADDICTION | HEART CONDITIONS / DISEASE | ASTHMA |
| FIBROMYALGIA / PAIN SYNDROME | CHRONIC PAIN | |

COMMENTS / SPECIFIC AREAS OF SORENESS? _____

I UNDERSTAND THAT THE MASSAGE/BODYWORK I RECEIVE IS PROVIDED FOR THE PURPOSE OF RELAXATION AND RELIEF OF MUSCULAR TENSION. IF I EXPERIENCE PAIN OR DISCOMFORT DURING THE SESSION, I WILL IMMEDIATELY INFORM THE PRACTITIONER SO THAT THE PRESSURE AND/OR TECHNIQUE MAY BE ADJUSTED TO MY LEVEL OF COMFORT. I FURTHER UNDERSTAND THAT MASSAGE / BODYWORK SHOULD NOT BE CONSTRUED AS A SUBSTITUTE FOR MEDICAL TREATMENT. I UNDERSTAND THAT MASSAGE / BODYWORK PRACTITIONERS ARE NOT QUALIFIED TO DIAGNOSE, PRESCRIBE, OR TREAT PHYSICAL OR MENTAL ILLNESS, AND THAT NOTHING SAID IN THE COURSE OF THE SESSION SHOULD BE CONSTRUED AS SUCH. BECAUSE MASSAGE / BODYWORK SHOULD NOT BE PERFORMED UNDER CERTAIN CONDITIONS, I AFFIRM THAT I HAVE STATED ALL MY KNOWN CONDITIONS, AND HAVE ANSWERED ALL QUESTIONS HONESTLY. I AGREE TO KEEP THE PRACTITIONER UPDATED AS TO ANY CHANGES IN MY MEDICAL PROFILE AND UNDERSTAND THAT THERE SHALL BE NO LIABILITY ON THE PRACTITIONER'S PART SHOULD I FORGET TO DO SO. I ALSO UNDERSTAND THAT ANY ILLICIT OR SEXUALLY SUGGESTIVE REMARKS MADE BY ME WILL RESULT IN IMMEDIATE TERMINATION OF THE SESSION, AND I WILL BE LIABLE FOR PAYMENT OF THE SCHEDULED APPOINTMENT. I UNDERSTAND THAT IF I CANCEL AN APPOINTMENT WITHIN 24 HRS OF THE SCHEDULED APPOINTMENT TIME, I AM RESPONSIBLE FOR THE FULL VALUE OF THE SESSION.

CLIENT SIGNATURE: _____ DATE: _____